

Quiz Mark 6:30-34, 53-56

God calls God's _____ to rest. People need some time to rest — some time for renewal.

We need to give ourselves permission to rest — to take a little time for renewal — some time to renew our _____ physically, emotionally, and spiritually. Our culture says, "GO, GO, GO!" but someone needs to _____ us that God created us to need some time to rest.

Jesus said to his disciples: "Come away to a deserted place all by yourselves and _____ a while."

Jesus says to you this morning: "Come away to a _____ place all by yourself and rest a while.

It's our choice to slow down when we need to, to rest, to do what Jesus told the disciples to do, to take time and rest to _____ to God.

- A. deserted
- B. remind
- C. listen

- D. strength
- E. rest
- F. people